

Latest Version

Review Date Approving Body

Previous Versions

North Central London

Final version September 2022

2014, May 2018

September 2024

NCL ICB CAG

[1] Bristol Stool Chart

http://www.sthk.nhs.uk/library/documents/stoolchart.pdf [2] BDA Patient Leaflet https://www.bda.uk.com/foodfacts/ibsfoodfacts.pdf

[3] FODMAP diet https://www.theibsnetwork.org/diet/fodmaps/ [4] Fibre sheet https://www.bda.uk.com/uploads/assets/f602fc35-ff7f-4d2c-90c89b145c43396c/Fibre-food-fact-sheet.pdf

Please refer to the Summary of Product Characteristics (SPC) of any drug considered. This pathway has been developed from published guidance in collaboration with local gastroenterologists. This guidance is to assist GPs in decision making and is not intended to replace clinical judgement

NICE DG11 Oct 13, NICE 2008 CG61, http://www.bda.uk.com/foodfacts/IBSfoodfacts.pdf, BMJ 2012;345:e5836 Refer to current BNF or SPC for full medicines information