

Traffic light system for identifying risk of serious illness in under 5s

Refer to the <u>summary version of table 3 for the NICE guideline on sepsis</u> if a child presents with fever and symptoms or signs that indicate possible sepsis

	Green – low risk	Amber – intermediate risk	Red – high risk
Colour (of skin, lips or tongue)	Normal colour	Pallor reported by parent/carer	Pale/mottled/ashen/ blue
Activity	 Responds normally to social cues Content/smiles Stays awake or awakens quickly Strong normal cry/not crying 	 Not responding normally to social cues No smile Wakes only with prolonged stimulation Decreased activity 	 No response to social cues Appears ill to a healthcare professional Does not wake or if roused does not stay awake Weak, high-pitched or continuous cry
Respiratory		 Nasal flaring Tachypnoea: RR >50 breaths/ minute, age 6–12 months RR >40 breaths/ minute, age >12 months Oxygen saturation ≤95% in air Crackles in the chest 	 Grunting Tachypnoea: RR >60 breaths/minute Moderate or severe chest indrawing
Circulation and hydration	 Normal skin and eyes Moist mucous membranes 	 Tachycardia: >160 beats/minute, age <12 months >150 beats/minute, age 12–24 months >140 beats/minute, age 2–5 years CRT ≥3 seconds Dry mucous membranes Poor feeding in infants Reduced urine output 	Reduced skin turgor
Other	None of the amber or red symptoms or signs illary refill time; RR, r	 Age 3–6 months, temperature ≥39°C Fever for ≥5 days Rigors Swelling of a limb or joint Non-weight bearing limb/not using an extremity 	 Age <3 months, temperature ≥38°C* Non-blanching rash Bulging fontanelle Neck stiffness Status epilepticus Focal neurological signs Focal seizures

^{*} Some vaccinations have been found to induce fever in children aged under 3 months

This traffic light table should be used in conjunction with the recommendations in the NICE guideline on fever in under 5s.