PSA Pathway This pathway has been developed from published guidance, in Patient requests a PSA test Camden collaboration with local urologists. Clinical Commissioning Group This guidance is to assist GPs in decision making and is not intended to replace clinical judgment. Consider appropriateness of test with regards to life expectancy age - family history of prostate cancer - those who are of black ethnic origin and at increased risk Patient has a history of clinically malignant prostate or has bone pain or unexplained Patient is asymptomatic Patient is symptomatic urological symptoms Once resolved Give patient information on PSA test and patient to decide whether to proceed with test Recommend PSA check* and DRE No - Treat UTI Yes Patient information No further - Refer to haematuria pathway leaflet on PSA screening Do PSA test* and DRE action - Refer to LUTS pathway Is the PSA high according to the patient's age or is DRE abnormal with normal PSA? 50-59 ≥ 3.0 ng/ml $60-69 \ge 4.0 \text{ ng/ml}$ 70 and over > 5.0 ng/ml * PSA test done at least Is the PSA according to the patient's age? 50-59 ≥ 3.0 ng/ml - 72 hours after ejaculation and Does the patient have a suspicious DRE? 60-69 ≥ 4.0 ng/ml - 6 weeks post resolution of UTI symptoms 70 and over > 5.0 ng/ml- Avoid vigorous exercise 48 hrs before test (if borderline, repeat in 1-3 months. If PSA rising -- Wait a week after DRE Yes refer) - If patient taking finasteride for >6 months, PSA levels should be doubled for comparison to normal ranges in 2 week referral Does the patient have a suspicious DRE? those not taking finasteride urology Normal PSA/DRE Abnormal PSA/DRE Comments & enquiries relating to medication: CCCG Medicines Management Team mmt.camdenccg@nhs.net Pathway created by NCL led by Camden CCG Refer to current BNF or SPC for full medicines information Clinical Cabinet + GB July 2016 Counsel patient on 2 week referral **PSA** result urology Clinical Contact for this pathway for queries: Dr Sarah Morgan Review due - March 2020 (sarah.morgan1@nhs.net)